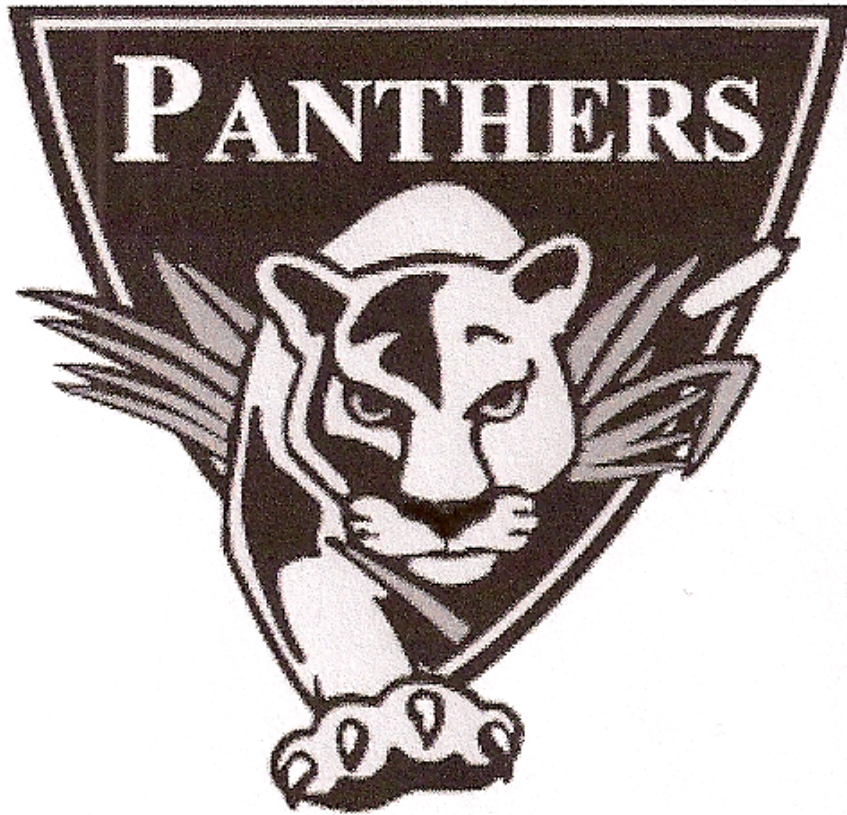


St. Peter Panther Athletics



“Pride in the Paw”

Statement

The mission of St. Peter School is to provide quality faith centered education that encourages love of God, love of self, love of neighbor, and love of learning.

St. Peter Athletics Mission Statement

The goal of the St. Peter Athletic Committee is the efficient and effective coordination of the St. Peter Athletic Program in conjunction with the Christian philosophy of St. Peter School.

St. Peter Athletics Philosophy

In addition, to the principles of St. Peter School's Mission Statement, the Athletic committee includes the following elements in its philosophy:

The Principle of Good Sportsmanship

Winning is an objective, but the primary goal is to play the game well. This principle includes: conduct of the athlete on the athletic field of play, respect for opponents and game officials, and adherence to the rules of the game.

The Principle of Team Play

The honorable conduct of an athlete brings esteem to St. Peter and to the athlete's teammates. Good conduct especially includes the way the athlete receives the judgments of officials. First and foremost, the athlete is courteous and respectful. Team leadership, fair play, and humility are paramount virtues to be built into the character of the athlete. Each St. Peter athlete plays as part of a team. Personal gain and glory are sacrificed for the sake of the team.

The Principle of Leadership

Athletic leadership is both a gift and a skill. Athletes develop their leadership skills through practice and through observing the example of their coaches. Coaches, the primary demonstrators of good leadership, display the qualities of respect, maturity, and good sportsmanship when dealing with players, other coaches, and game officials. Coaches, whose fundamental role is that of teacher, are depended upon to help form the athletes in character, leadership, personal drive to achieve, and skill development. Athletes are thus encouraged and instructed to assume the role of leader in their contact with other students and teammates through personally setting the example for good sportsmanship and strong moral values.

The Principles of Discipline

Athletic training should concentrate primarily on the fundamentals of a sport. Coaches should not engage in tactics that exceed the ability of the athlete and depend upon luck for successful execution.

- Athletes should learn the value of discipline in the exercise of fundamental skills so that they can execute in a predictable and appropriate manner.
- The discipline learned on the athletic field of play should carry over into other aspects of an athlete's life. This witness to the student body is reflected in the symbols of the athlete's dress on days when teams compete. On these days athletes are asked to dress in a manner which reflects the athletes' self-discipline, team spirit, and confidence. Distinctive dress, whether it is in the form of special shirts, shirt and tie, or dress, is appropriate and encouraged.
- Our students' faith life also plays a significant part in the athletic environment. This can be expressed through shared prayer before and after games. All coaches are encouraged to promote the faith development of athletes, through the appropriate use of liturgy, sacred symbols, and prayer.

Guidelines

These guidelines apply to all participants in all athletic activities. In all cases, Fox Valley Conference and athletic program rules will govern the competitive activities.

Sports Physical

A yearly sports physical or other verification of fitness is required before a student may participate in the St. Peter sports program.

Participation

- Membership in the sports program is voluntary and should never be used as an excuse for not having homework completed on time, or as an excuse for missing school.
- The decision regarding membership on a sports team is the responsibility of the parent/guardian.
- A student is eligible to participate on a St. Peter sports team if they have passing grades in all subjects and is not on probation. Athlete's grades are reviewed weekly during the sporting season and eligibility is at the discretion of the Principal and appropriate teacher.
- All athletes must turn in a signed permission slip containing the signature of the parent(s)/guardian for each sport in addition to a \$25.00 athletic fee before they will be able to participate in any scheduled practices or games. Economics will not exclude any athlete from participating in a sport. Please contact the Athletic Director(s) if there are circumstances which would affect an athletic payment.
- Absence from school, except in the extenuating circumstances brought to the attention of the Athletic Director(s), will pre-suppose absence from practice or game on that particular day.
- Absence from all games and/or practices, tardiness, or early departure, will only be allowed with 24-hour notice with written or personally given excuse to the coach by a parent/guardian. Extenuating circumstances will be considered. No more than 3 such incidents will be tolerated. For any excessive occurrences without notice, the following penalties may include, but will not be limited to, the following:
 1. **FIRST OFFENSE** – Written warning given by the coach(s) with written notification sent to the Athletic Director(s) and School Board Liaison.
 2. **SECOND OFFENSE** – Suspension from the team for the next scheduled game/contest after approval of written notification from coach(s) by the St. Peter Athletic Director(s) and School Board Liaison.
 3. **THIRD OFFENSE** – Suspension from the team for the next two scheduled games/contests. Suspension will be reported to the principal and parent/guardian.

Note: Written Notification Form must be completed by coach(s) after the third incident of absences, tardiness, or early departure with/without 24 hour notification from parent/guardian. (See attachment A).

- All team's participants who have fulfilled team requirements will play in each and every game as stated in the Fox Valley Conference by-laws. The FVCC requires that all team participants who are listed in the official scorebook must enter and play in the game/contest prior to its ending. The penalty to a team for failing to play a listed member is forfeit of that game/contest.
- Transportation and Supervision: Team participants stay with their coach(s) until after their game is played. After that game, they must go with the parents/guardian or designated adult. They must not run loose in the gym or lobby, or parking lot. No team member will be allowed to walk home unsupervised without prior notification to the coach(s) from the parent/guardian.

Game Dress Code: All participants in the St. Peter Athletic Program will be representing the school at home and at away games. Therefore, neat, clean clothes should be worn.

Athletic Department Regulations

Participation in athletics, as in any co-curricular activity, is a privilege and not a right. Any student-athlete who wishes to be a member of an athletic team must live up to the spirit and the letter of regulations and training rules. These rules are designed to help participants improve in the Christian principles of self-discipline, self-denial, working well with others (including coaches and fellow student athletes), and sincere dedication to the improvements of self and of the team.

Any athlete may be dismissed from a team for reasons contrary to the spirit of the athletic competition at St. Peter. Such reasons are failure to obey training rules, continued failure to try, attitude and conduct detrimental to the welfare of the team, insubordination, etc. Any athlete who places his/her health or team discipline in jeopardy by failing to observe team training rules is subject to suspension or dismissal from the squad.

Specific Rules and Regulations

- Athletes are expected to understand and follow these general competition behavior guidelines:
 - Questioning the officials is reserved for the coaches
 - Do not acknowledge or talk with spectators at games or practices
 - If you are removed from a game for unsportsmanlike conduct by a coach, official, or both, you will not be allowed to play in the next game
 - Treat opponents and opposing coaches as well as bench personnel with respect and dignity
- Athletes who are unhappy with the amount of their own playing time or their role on their team should request to have a private meeting with their coach. In private discussion, both coaches and athletes can honestly express their feelings and goals. Any open display of unhappiness in the athletic arenas or in the locker room will not be tolerated. Athletes should try to understand that everyone is participating with the same goal in mind: To give St. Peter its most competitive team possible.
- Parents are allowed to contact the Player Liaison about any concern they have except the issue of playing time. Decisions concerning playing time are left to the coach. Parents who have concerns about playing time must defer to the previously stated policy. All matters of playing time should be worked out between the coach and the athlete.
- All sanctions and punishments are completely at the coach's and Athletic Director's discretion.

We believe that the preceding rules have a significant role to play in building a successful sports program. They are fair and consistent and will be applied across the board. If you are in violation of a rule you will be held accountable. Be responsible for your actions, and accountable for what you do.

Conduct at Practices and Athletic Events

- Only participants, Parents/guardian, coach(s) and children of coach(s) will be allowed in the gym at practices.
- Profanity, lack of sportsmanship, disrespect shown towards any person or property, or poor conduct will not be allowed at practice, in the locker rooms, at games or any events sponsored by the St. Peter Athletics. Students, coach(s), parent/guardian behavior must be consistent with St. Peter School and athletic policies. Violators will be subjected to disciplinary action as appropriated by the Athletic Director(s) and/or Athletic Committee.
- Student spectators should be transported by an adult. The parent/guardian of any disruptive student spectator will be called to pick up their children.
- Spectators are not allowed on the gym floor, before, during, or after games.
- Know and adhere to the athletic code of the school. Observe completely all policies regarding conduct, doing so as a duty to school, team and self.
- Practice and play fairly, giving complete effort in all circumstances and credit in victory to teammates and to opponents in defeat. Accept favorable and unfavorable decisions, as well as victory and defeat, with equal grace. Demonstrate respect for opponents and officials before, during and after contests.

Facilities/Equipment/Uniforms

- Care of the gym, locker rooms, and front lobby is the ultimate responsibility of the coach(s). However, neatness and orderliness are the responsibility of everyone involved in the program. Every person will be responsible for his/her, as well as the team's reputation and training.
- They gymnasium, locker rooms, and front lobby are the only areas available to all participants. Participants are not allowed anywhere else in the school building or outside the building.
- Uniforms: All participants are responsible for the uniform issued to them. A \$75.00 deposit uniform/workers fee must be collected from each athlete prior to the athlete receiving a uniform for each sport. If the uniform is damaged or lost, the \$75.00 deposit will be forfeited. Parents/guardians will be charged for property or equipment damaged by their child.

Athletic Committee

- The positions of Athletic Director(s) and committee exist at the will of, and under the direction of the St. Peter School Board.
- The Athletic Committee shall consist of Athletic Director(s), Treasurer, Secretary, School Board Representative, Faculty Representative and Parent/Guardian Representatives of K through 8th grades of St. Peter students. Representatives of the athletic committee will be asked to serve on

sub committees that include, but are not limited to: Publicity, Worker scheduling, Uniforms, Tournaments, Fundraising, and Concessions.

- Should there be more than one person interested in the same committee position; the Athletic Director(s) will make the final choice. Should there be more than one person interested in the Athletic Director position; the St. Peter School Board will make the final choice.
- Meetings will be held on a regularly scheduled basis and the date/time will be published one week in advance of the scheduled meeting. Open meetings will be held on bi-monthly basis beginning in September. Notice of the meeting date and time will be announced in advance. Open meetings will include an audience to visitors. Agreement to recognize non-agenda topics will be determined by consensus, voice or secret ballot vote, at the discretion of the committee members. Minutes will be read and old business discussed before new business is introduced.

Coaches

- Must be VIRTUS trained.
- Any person interested in volunteering to coach a team should contact the Athletic Director(s). If more than one person wishes to coach the same team, the Athletic Director(s) will interview each interested person. The Athletic Director(s) will make a decision as to who will be named to the coaching position after interviewing all interested parties.
- Each team will have one Head coach and possibly at least one Assistant coach.
- A meeting prior to the sports season will be held between applicable coaches and Athletic Director(s) to ensure that all rules/policies are understood and enforced. At the initial meeting, coaches will be given a copy of the Fox Valley Conference rules and St. Peter athletic policies.
- Coaches have the option of continuing on with the same team to the next level with the approval of the Athletic Directors(s). Should an 8th grade coach of one year wish to become a 6th grade coach the next, he/she shall have that option, unless there is another interested person, in which case the interview process described previously will take place.
- The coach(s) may, at his/her discretion, allow food to be eaten in a designated area of the gym before an after school practice.
- Coaches are to stay at the school until parents or guardians pick up all team participants. While waiting for rides, students are to remain under supervision of the coach(s). Parents/guardians should pick up their children promptly and not take advantage of the coach's good nature.
- Athletics at St. Peter School are not intramurals. We compete with other schools in our conference. All athletes are participating in our program to give St. Peter School its most competitive team possible (see specific rules and regulations, bullet 2). Coaches will play athletes according to his/her skill level. As a player's skill level improves, he/she should expect to see more playing time. Conference rules require all players have to play in a game or match, or a team will be penalized with a forfeit. Conference rules do not enforce a specific amount of playing time per game or match.

- Coaches should review individually with an athlete his/her strengths and weaknesses and what he/she needs to improve on. The athlete should be given suggestions on how to improve in these areas.
- Each coach(s) will be issued sporting equipment needed for their sport. Any lost or damaged equipment will be replaced by the coach(s).
- All coaches are encouraged to become certified in CPR.

What Players Can Expect From Their Coaches

- They will coach in a positive and encouraging manner. They will lead by example.
- They will emphasize team goals over those of an individual.
- They will be a role model for the athlete. They will represent the values of St. Peter School in their appearance, words and actions.
- They will be demanding but they will be fair, and willing to listen to you in the proper place if you think they are not fair. They will be honest with you.
- They will see practice effort, practice performance, and/or practice intensity as an indication that you are in the proper frame of mind to compete.
- They will expect punctuality for all their sport related activities and will excuse you from an event only if they are informed in advance that you will miss or be late.

Team Rules

- St. Peter School sports will take priority over any non-school organized sport. If participants have prior commitments, these must be brought to the coach's attention prior to the sports season to determine conflicts which could affect playing time.
- All Team members are to be at the game at least thirty (30) minutes prior to game time (at coach's discretion).

What is Expected Of A Player

- Realize that individual recognition and accomplishment are the result of teamwork. Always support and encourage your teammates in both wins and losses.
- That proper behavior and respect towards others will reflect positively on the team, and on the St. Peter Community. A Positive reflection is the only desirable one for your team.
- That you will understand that practice is the most important part of the season. Effective practice requires the concentration of the whole team at all times. Players that practice hard and with intensity are the players who are winners every time.

- That you accept and respect the decisions of your coaches to be in the best interest of the team and St. Peter. Discuss problems with your coach in private.

Boys and Girls Basketball (6th, 7th, 8th)

- All boys and girls interested in playing basketball will be able to play on the school teams at their own grade level.
- All boys and girls are to play only at their grade level and may not be substituted into games of any other teams, subject to the following exceptions:
 1. In the event that a team has fewer than ten players, boys or girls from the next lower grade level may dress and sit on the bench to make up a team, and may be substituted in accordance with the Fox Valley Conference rules regarding play time.
 2. When it is necessary to bring up participants from a lower grade level, all members of the lower level team are to be consulted, regarding their interest in playing on the higher team. The coaches of the higher and lower grade team and at least one Athletic Director will make their choice(s) after consideration of ALL those lower grade level members/players who expressed an interest. The Coaches and Athletic Director will have the option to hold a try out to determine which players will have the opportunity to play with the higher-grade level team.
- In tournament play, the coach(s) is allowed to use his/her discretion regarding the amount of playing time for each team member.

Boys and Girls Volleyball (6th, 7th, 8th)

- All boys and girls interested in playing volleyball will be allowed to play on the school team at their own grade level, when a team is fielded at that level.
- In a situation where there are not enough players for a team scheduled to participate in conference play, bringing up boys or girls from a lower level may be done, subject to the rules for such a situation referenced under section "Boys and Girls Basketball, second bullet, number 2.

Cheerleading

- With applicable interest, there may be three teams of cheerleading – 6th, 7th, and 8th grade teams. Each team will consist of all interested girls and boys who accept and follow the guidelines listed herein.
 1. In the event there are not enough participants to field a full squad from the 6th, 7th, and 8th grades, girls or boys from grades 3 – 5 will be allowed to participate to form a full squad.
 2. The placement of participants on squad teams will be determined by grade level or at the discretion of the coach(s) based on skill level and experience.
- In the case of a scheduling conflict between St. Peter teams (i.e cheerleading and volleyball or basketball), the coach(s) of both teams will determine which event shall take priority.

Track

- All interested boys and girls from the 5th, 6th, 7th, and 8th grades will be able to participate in the individual and team event, providing they accept and follow the general guidelines listed herein.

5th Grade Sports Program (Basketball and Volleyball)

- This program is to provide instructional skills for the sports a student wishes to participate in. At this level, any and all games that these student athletes participate in will be played under equal playing time rule, meaning that each athlete must play equal amount of time for each game including tournament play.

Team Size

- If the number of student athletes for a sport (excluding track and cheerleading) is 16 students or greater, teams will be broken down into equal sizes. Example: Team A, Team B, etc. Teams will consist of athletes of equal talents which will be determined by the coach(s) and the Athletic Director(s). Scheduled games will be played alternately between the designated teams. This includes any non-conference games.
- If the need arises for a team to bring someone from the alternate team for a scheduled game, the coach(s) must consult with the Athletic Director(s) as to who will be chosen to play in that particular game. In tournament play all students will be taken to the games and the coach(s) will follow the rules under section "Boys and Girls Basketball", bullet number three.
- Splitting a team of 15 or fewer will only be done with the approval of the Athletic Director(s).

What is Expected of Parents

- Provide a good example of good sportsmanship to all, players or spectators.
- Insist your sons and daughters adhere to the highest level of good sportsmanship on and off the playing field, as athletes or spectators.
- Parents are expected to understand that once an event starts, the officials are in charge of the game, at both home and away locations. Parents should never yell or act negatively towards the official. Positive cheering sets the proper example for the student athletes.
- Public criticism of coaches is inappropriate. If a parent feels his/her son or daughter is being mistreated, the parent should contact the Player Liaison (except matters regarding playing time). If there is no resolution after speaking to the Player Liaison, the parent should meet with the Athletic Director(s).
- All parents/guardians of athletes must volunteer to work at scheduled home games/tournaments (concessions, admissions, scorebook and scoreboard) during each sport season the athlete participates in. Failure to work scheduled times will result in the loss of the \$75.00 workers/uniform deposit. Rules for Athletic workers are listed on Attachment B.

What is Expected of the Student Supporters and Spectators

- Be a good host or guest to your opponents. Be respectful during the pre-game ceremonies and half-time activities.
- Exhibit the highest degree of good sportsmanship at all events. Taunting, jeering and whistling to distract players is considered poor sportsmanship and conduct unbecoming of St. Peter School.
- Treat all visiting teams, students and spectators as guests. Your actions reflect your school.

Athletic Director Responsibilities

- Must be VIRTUS trained
- Provides leadership and support for all coaches
- Promotes a collaborative spirit among the personnel.
- Is responsible for the supervision and evaluation of all coaches involved in the athletic program.
- St. Peter Athletic Director(s) and committee members have the authority to enforce these policies and rules, and are obligated to enforce them.
- All guidelines, policies, rules and activities are subject to the scrutiny of the St. Peter School Board, Principal, and Pastor as applicable.
- The St. Peter Athletic Director(s) must submit a copy of the policies for the School Board approval yearly.
- The Athletic Director(s) has the authority to remove a coach from his/her position at any time as deemed necessary. Removal of any coach from his/her position requires Athletic Director(s) recommendation and justification to the St. Peter School Board for "Review of Due Process" and final action.
- The Athletic Director(s) will submit a financial report to the St. Peter School Board at the beginning, middle and end of the school year.

END OF DOCUMENT

Attachment A

**St. Peter Athletic
Written Notification Form**

Player / Student Name: _____

Date of Offense: _____

Reason Code: _____

- A. Absent from practice without 24 hour notice from parent / guardian
- B. Tardy to practice without 24 hour notice from parent / guardian
- C. Absent from scheduled game without 24 hour notice from parent / guardian
- D. Tardy to scheduled game without 24 hour notice from parent / guardian
- E. Early departure from game without 24 hour notice from parent / guardian
- F. Early departure from practice without 24 hour notice from parent / guardian

Coach(s) name(s): _____

Detailed description of occurrence:

Player/Student: _____ Date: _____

Coach(s): _____ Date: _____

Parent Signature: _____ Date: _____

Cc: Athletic Director
School Board Liaison

Attachment B

St. Peter Athletic Parent - Worker's Rules

All parents must sign up to work 3 home games and 2 tournaments

Admissions

- Arrive 45 minutes prior to start of first game
- No spectators allowed in gym until 30 minutes prior to start of game (sign will be posted)
- Keep a tally of the number of spectators that have paid admission (form is provided)
- Sell admission until halftime of last game for basketball and start of last game for Volleyball
- Can leave after money drawer is turned in

Concessions

- Arrive 30 minutes prior to start of first game
- NO CHILDREN ALLOWED IN THE CONCESSION STAND/BEHIND THE COUNTER OR IN THE KITCHEN
- No running tabs – Everyone must pay for food/beverages at time of purchase including workers
- Concession stand will close with 2 minutes left in the last game for basketball or last 5 points for Volleyball
- Workers must restock water/pop cooler prior to leaving
- Workers must clean concession stand, wash dishes and empty garbage cans prior to leaving

Scoreboard/Scorebook







- Arrive 30 minutes prior to start of first game
- Set up scorer's table
- Make sure you have game ball, first aid kit, and possession arrow (for basketball)
- Help clean up after last game by sweeping floor, bleachers and emptying garbage cans prior to leaving. Vacuum if necessary.

Fox Valley Catholic Conference Schools

Prince of Peace School – Lake Villa

Games Played at Palombi School

A: 900 Saint Peter St, Antioch, IL 60002-1200

-  1: Start out going SOUTH on IL-59 toward IL-173. 2.1 mi
-  2: Turn LEFT onto W GRASS LAKE RD/CR-18/CR-A10. 1.1 mi
-  3: Turn RIGHT onto IL-83. 2.5 mi
-  4: Turn SHARP RIGHT onto E GRAND AVE/IL-132. 0.3 mi
-  5: Turn LEFT onto MCKINLEY AVE. 0.2 mi
-  6: End at 133 McKinley Ave Lake Villa, IL 60046-8986







B: 133 McKinley Ave, Lake Villa, IL 60046-8986

Total Time: 10 minutes

Total Distance: 6.18 miles

St. Mary Fremont Center School - Mundelein

A: 900 Saint Peter St, Antioch, IL 60002-1200

-  1: Start out going SOUTH on IL-59 toward IL-173. 4.4 mi
-  2: Turn LEFT onto W GRAND AVE/IL-132. 0.9 mi
-  3: Turn RIGHT onto N FAIRFIELD RD/CR-49/CR-V61. 7.0 mi
-  4: Turn LEFT onto IL-60. 2.8 mi
-  5: Turn SHARP RIGHT onto W ERHART RD. 0.1 mi
-  6: End at 22277 W Erhart Rd Mundelein, IL 60060-9551

B: 22277 W Erhart Rd, Mundelein, IL 60060-9551




Total Time: 24 minutes

Total Distance: 15.16 miles

May 26, 2009

St. Bede School - Ingleside

A: 900 Saint Peter St, Antioch, IL 60002-1200

-  1: Start out going SOUTH on IL-59 toward IL-173. 6.3 mi
-  2: Turn LEFT onto N WILSON RD/CR-7/CR-V58. 0.1 mi
-  3: End at 36399 N Wilson Rd Ingleside, IL 60041-9609









B: 36399 N Wilson Rd, Ingleside, IL 60041-9609

Total Time: 10 minutes

Total Distance: 6.40 miles

St. Joseph School – Round Lake

A: 900 Saint Peter St, Antioch, IL 60002-1200

-  1: Start out going SOUTH on IL-59 toward IL-173. 4.4 mi
-  2: Turn LEFT onto W GRAND AVE/IL-132. 0.9 mi
-  3: Turn RIGHT onto N FAIRFIELD RD/CR-49/CR-V61. 3.7 mi
-  4: Turn LEFT onto IL-134/ROUND LAKE RD. Continue to follow IL-134. 1.1 mi
-  5: Turn RIGHT onto N CEDAR LAKE RD/CR-28/CR-V63. 0.1 mi
-  6: Turn LEFT onto NIPPERSINK AVE/CR-28/CR-V63. 0.0 mi
-  7: Turn RIGHT onto LINCOLN AVE. 0.1 mi
-  8: End at 118 Lincoln Ave Round Lake, IL 60073-5008






B: 118 Lincoln Ave, Round Lake, IL 60073-5008

Total Time: 18 minutes

Total Distance: 10.38 miles

St. Patrick School – Wadsworth

A: 900 Saint Peter St, Antioch, IL 60002-1200

-  1: Start out going SOUTHWEST on IL-59 toward IL-173. 0.1 mi
-  2: Turn LEFT onto IL-173. 8.3 mi
-  3: Turn RIGHT onto US-41 S/SKOKIE HWY. 2.6 mi
-  4: Turn LEFT onto CR-17/CR-A9/W WADSWORTH RD. 0.7 mi
-  5: End at 15020 W Wadsworth Rd Wadsworth, IL 60083-9502






B: 15020 W Wadsworth Rd, Wadsworth, IL 60083-9502

Total Time: 17 minutes

Total Distance: 11.77 miles

Transfiguration School – Wauconda

A: 900 Saint Peter St, Antioch, IL 60002-1200

-  1: Start out going SOUTH on IL-59 S toward IL-173. 16.8 mi
-  2: Take the IL-176/LIBERTY ST ramp. 0.2 mi
-  3: Turn LEFT onto IL-176/W LIBERTY ST. 1.6 mi
-  4: Turn LEFT onto HILL ST. 0.0 mi
-  5: End at 318 Hill St Wauconda, IL 60084-2900

B: 318 Hill St, Wauconda, IL 60084-2900

Total Time: 28 minutes

Total Distance: 18.52 miles